



LGH - 440 - 00033 Sister-U Multi-Uterus Trainer

A multi-uterus trainer with realistic anatomy representing the uterus between pregnancies.

Sister-U can be used for a variety of interventions such as vaginal examinations, IUD insertion and removal, and for inspecting anteverted and retroverted positions of the uterus, as well as family planning and menstrual hygiene counselling.

- Together with Mama-U , Sister-U was designed to complement family planning trainings and act as a counselling aid for healthcare workers.
- Can be used on a tabletop or attached to the body for practicing respectful care and communication.
- The uterus modules can be removed from the frame and be used as demonstration tools.
- The large uterus can be used as a postabortion uterus or a multi-parous uterus.
- The small uterus can be used for IUD insertion and removal training on an interval or an early post-abortion uterus.
- The uterus plate of Sister-U can be flipped to demonstrate different uterine angles.
- Sister-U can be used with a variety of reproductive health methods such as cervical rings and diaphragms.
- Sister-U's carrying case can be worn on the shoulder or converted into a backpack.

LGH - 450 - 00033 Mama-U Postpartum Uterus Trainer

Mama-U represents a postpartum uterus after birth. It supports training in postpartum IUD and uterine balloon tamponade insertions and other postpartum uterus interventions.

The model is ultra-portable and can be used as a tabletop model for task training, or inside MamaNatalie for a complete birth simulation.

Features The model has all relevant anatomical features like fundus, cervix and perineum along with possibility to extend the uterus (relevant for insertion of postpartum IUD).The uterine angle can be changed by applying pressure to the model.It is possible to practice "blinded" placements and lift cover of the uterus to evaluate placement.Together with Sister-U, Mama-U was designed to complement family planning trainings and act as counselling aids for healthcare workers.

